

#### **On-Campus Counseling**

Free counseling is available to all TRC students, staff, and faculty through the Family Counseling Center office on the Poplar Bluff campus.

Location: Hours:

Bess Student Monday and Friday
Center 8 a.m. - 12 p.m.
Contact: Tuesday - Thursday

573-355-5187 8 a.m. - 12 p.m. and 1 p.m. - 4 p.m.



Call **988** 

Text "HELLO" **741-741** 



American Red Cross of Southeast MO can help with house fires, temporary housing, food and clothing, emergency preparedness training, and first aid and CPR classes.

#### Community Housing

For rental property information, contact the Greater Poplar Bluff Area Chamber of Commerce at <a href="http://poplarbluffchamber.org/rental-properties">http://poplarbluffchamber.org/rental-properties</a>.

#### On-Campus Student Housing

For information about Campus Housing, call 573-840-9106.

#### **Student Food Pantry**

The Student Food Pantry is located on the TRC campus in the Baptist Student Union (BSU).

Hours: Mon. - Thur. 8 a.m. - 4 p.m. and Fri. 8 a.m. - 12 p.m.



#### TITLE IX

Title IX covers sexual misconduct and harassment, gender discrimination, dating and domestic violence, stalking, sexual assault, and retaliation for reporting.

#### **Title IX Coordinators**

Ann Matthews Kristina McDaniel
Westover 112 Westover 108
573-840-9669 573-840-9695
amatthews@trcc.edu kristinamcdaniel@trcc.edu

#### **Reporting Options**

Title IX Coordinators

Any TRC Faculty or Staff Personnel

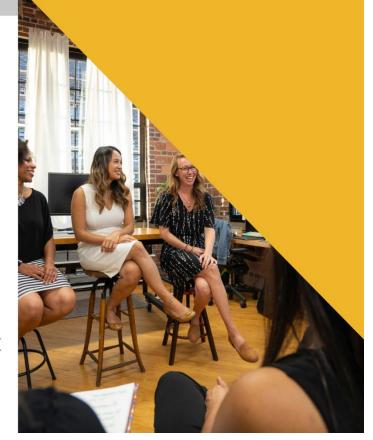
Campus Safety: 573-840-9713

Online: trcc.edu/about/consumer-information/title-ix/

trcc.edu



# COMMUNITY RESOURCES



## **Student Resource Directory**

#### **County Health Departments:**

 Butler County
 573-785-8478

 Carter County
 573-323-4413

 Ripley County
 573-996-2181

 Wayne County
 573-224-3218

#### **South Central MO Community Action Agency:**

Assists low-income residents in their effort to become self-sufficient.

 Butler County
 573-785-4727

 Carter County
 573-323-0270

 Ripley County
 573-996-3713

 Wayne County
 573-223-7495

#### **Department of Social Services:**

Family services, healthcare, children's division, and health & senior services.

Butler County	573-840-9200
Carter County	573-323-4201
Ripley County	573-996-2175
Wayne County	855-373-4636

#### **Transportation:**

Southern MO Transit System (SMTS) 573-785-2928

Butler, Carter, & Wayne Counties

Ripley County Transit 573-996-2272

## **Emergency Contacts**



Emergency	911
Suicide Prevention Hotline	988
Mental Health Hotline	1-800-356-5395
Sexual Assault Hotline	1-800-656-4673
Child Abuse Hotline	1-800-422-4453
Poison Control	1-800-942-5969

#### Healthcare:

Missouri Highlands Clinics 573-663-2313
Medical, dental, OB/GYN, and urgent care services throughout Southeast MO.

John J. Pershing VA Medical Center 573-686-4151

#### **Mental Health Treatment and Couseling:**

Family Counseling Center 573-686-1200 Southeast Missouri Behavioral Health 573-686-5090

#### **Domestic Violence Shelters:**

Haven House, Poplar Bluff 573-686-4873

KVC, Poplar Bluff & Doniphan 844-424-3577

(previously called Great Circle)

National Domestic Violence Hotline 1-800-799-7233

#### Other:

MO Career Center 573-840-9595
Goodwill Excel Center 573-686-6004
Free adult high school.

**Call 211** 

For help with housing, employment, healthcare, counseling, and more.





### **Local Food Pantries**

Please call prior to visiting for address, and dates and times of service.

#### **Butler County:**

The Bread Shed	573-712-7356
The Bread Shed Diaper Distribution	573-712-7356
Bluff First Assembly of God	573-785-4860
Cornerstone Tabernacle UPC	573-785-2028
Highland Drive Church of Christ	573-785-2679
Lake Wappapello United Methodist	573-222-8012
Neelyville Food Pantry	573-712-6874
St. Vincent De Paul Food Pantry	573-686-1948
Timothy Foundation Food Pantry	573-300-7862
Temple Baptist Church	573-785-1250
United Gospel Rescue Mission	573-785-4683

#### **Carter County:**

Van Buren First Baptist Church 573-323-4235 New Life Evangelistic Center 573-323-8867

#### **Ripley County:**

Ripley County Caring Community 573-996-7980 Lean On Me Food Pantry 573-778-9908