

## On-Campus Counseling

Free counseling is available to all TRC students, staff, and faculty through the Family Counseling Center office on the Poplar Bluff campus.

**Location:** Bess Student Center  
**Hours:** Monday and Friday  
8 a.m. - 12 p.m.  
**Contact:** Tuesday - Thursday  
573-355-5187 8 a.m. - 12 p.m. and 1 p.m. - 4 p.m.



## TITLE IX

Title IX covers sexual misconduct and harassment, gender discrimination, dating and domestic violence, stalking, sexual assault, and retaliation for reporting.

### Title IX Coordinators

**Ann Matthews**  
Westover 112  
573-840-9669  
amatthews@trcc.edu

**Kristina McDaniel**  
Westover 108  
573-840-9695  
kristinamcdaniel@trcc.edu

### Reporting Options

Title IX Coordinators  
Any TRC Faculty or Staff Personnel  
Campus Safety: 573-840-9713

Online: [trcc.edu/about/consumer-information/title-ix/](http://trcc.edu/about/consumer-information/title-ix/)

**trcc.edu**



THREE RIVERS COLLEGE

# COMMUNITY RESOURCES



**SUICIDE  
PREVENTION  
LIFELINE**

Call  
988  
Text "HELLO"  
741-741



**American  
Red Cross**

American Red Cross of Southeast MO can help with house fires, temporary housing, food and clothing, emergency preparedness training, and first aid and CPR classes.

## Community Housing

For rental property information, contact the Greater Poplar Bluff Area Chamber of Commerce at <http://poplarbluffchamber.org/rental-properties>.

## On-Campus Student Housing

For information about Campus Housing, call 573-840-9106.

## Student Food Pantry

The Student Food Pantry is located on the TRC campus in the Baptist Student Union (BSU).  
Hours: Mon. - Thur. 8 a.m. - 4 p.m. and Fri. 8 a.m. - 12 p.m.



# Student Resource Directory

## County Health Departments:

Butler County	573-785-8478
Carter County	573-323-4413
Ripley County	573-996-2181
Wayne County	573-224-3218

## South Central MO Community Action Agency:

Assists low-income residents in their effort to become self-sufficient.

Butler County	573-785-4727
Carter County	573-323-0270
Ripley County	573-996-3713
Wayne County	573-223-7495

## Department of Social Services:

Family services, healthcare, children's division, and health & senior services.

Butler County	573-840-9200
Carter County	573-323-4201
Ripley County	573-996-2175
Wayne County	855-373-4636

## Transportation:

Southern MO Transit System (SMTS)	573-785-2928
Butler, Carter, & Wayne Counties	
Ripley County Transit	573-996-2272

## Healthcare:

Missouri Highlands Clinics	573-663-2313
Medical, dental, OB/GYN, and urgent care services throughout Southeast MO.	
John J. Pershing VA Medical Center	573-686-4151

## Mental Health Treatment and Counseling:

Family Counseling Center	573-686-1200
Southeast Missouri Behavioral Health	573-686-5090

## Domestic Violence Shelters:

Haven House, Poplar Bluff	573-686-4873
KVC, Poplar Bluff & Doniphan	844-424-3577
(previously called Great Circle)	
National Domestic Violence Hotline	1-800-799-7233

## Other:

MO Career Center	573-840-9595
Goodwill Excel Center	573-686-6004
Free adult high school.	

**Call 211**

For help with housing, employment, healthcare, counseling, and more.

# Emergency Contacts



Emergency	911
Suicide Prevention Hotline	988
Mental Health Hotline	1-800-356-5395
Sexual Assault Hotline	1-800-656-4673
Child Abuse Hotline	1-800-422-4453
Poison Control	1-800-942-5969



# Local Food Pantries

Please call prior to visiting for address, and dates and times of service.

## Butler County:

The Bread Shed	573-712-7356
The Bread Shed Diaper Distribution	573-712-7356
Bluff First Assembly of God	573-785-4860
Cornerstone Tabernacle UPC	573-785-2028
Highland Drive Church of Christ	573-785-2679
Lake Wappapello United Methodist	573-222-8012
Neelyville Food Pantry	573-712-6874
St. Vincent De Paul Food Pantry	573-686-1948
Timothy Foundation Food Pantry	573-300-7862
Temple Baptist Church	573-785-1250
United Gospel Rescue Mission	573-785-4683

## Carter County:

Van Buren First Baptist Church	573-323-4235
New Life Evangelistic Center	573-323-8867

## Ripley County:

Ripley County Caring Community	573-996-7980
Lean On Me Food Pantry	573-778-9908